

PlayRx Play Date

February 2025 - Visual perceptual skills

Staff Spotlight

This month's staff spotlight is Rainey Holland, COTA/L. This month she is going to share about the importance of visual perceptual skills. Visual perceptual skills are so important for a child's independence at home, in the community, and in the classroom. Rainey enjoys drawing, painting, hiking, traveling, and spending time with family, friends, and her husky, Ocean.



Visual Perceptual Skills

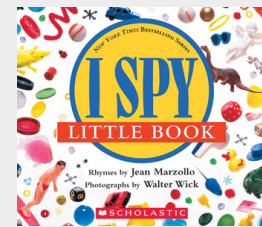
Visual perceptual skills allow a person to differentiate an object from its background and understand what they see in relation to their surroundings. These skills are essential for many everyday tasks. Without strong visual perceptual skills, a child may struggle with activities like copying information from a board, navigating busy or complex environments, locating their belongings, or efficiently scanning text or objects in their environment. These difficulties can impact academic performance, independence, and overall confidence. There are many ways these skills can be worked on at home such as having your child find toys in their room or food from the fridge, but if you have concerns about your child's visual perceptual skills an occupational therapy evaluation is always a great place to start.

Developmental Tips

Play at home

Practicing Visual Perceptual Skills

To support and strengthen visual perceptual skills, incorporating fun, interactive games can make a big difference. Activities like I Spy, Spot It, and Eye Found It are excellent options. Having your child identify items in the grocery store is a great way to practice in the community. These games encourage children to focus, identify, and differentiate objects in visually stimulating settings, helping them develop the ability to process and organize what they see. Through regular practice, children can build the foundational skills they need to thrive in both academic and everyday situations.



Learn to Ice Skate

What? -Learn to Ice skate at Arkansas Skatium! Your first class is FREE!

Where?-Arkansas Skatium
1311 S. Bowman Rd
Little Rock AR 72211

When?-
Tuesday February 11, 2025
6:00 pm - 7:30 pm

Play in the
Community

Community Events

Activity- Creative Saturdays at AMFA

What?- Inspired by Cora Nimtz's work Double Cross on view in the Delta Triennial, this Creative Saturdays' free make-and-take activity invites guests to stop by the Windgate Art School and create Cubist artworks.

When?- Saturday February 15, 2025
10:00 am - 1:00 pm

Where?- Arkansas Museum of Fine Arts
Windgate Art School Flex Studio
501 E. 9th St.Little Rock AR 72202

Holidays:

February 14: Valentines Day

Birthdays:

February 2: Madison Bowlan

Anniversaries:

February 14: Addie Rainbolt 3 year anniversary

February 19: Carol O'Connor 1 year anniversary

Help Us
Celebrate!

PlayRx Resources



Learn more about our staff here: <https://www.playrxtherapy.com/our-staff/>

For more info on appropriate child development see our developmental milestones checklists: <https://www.playrxtherapy.com/developmental-milestones/>

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Resource Guide

