

# PlayRx Play Date

January 2023

## Staff Spotlight

This month we are spotlighting occupational therapist Lydia Senko OTD, OTR/L. Lydia is a favorite amongst patients and staff members in the Maumelle area. She loves using her undergrad art and psychology degrees in her holistic OT practice to make obtaining client goals fun and functional and to support children in body and mind. She also serves as our Lead Media Specialist, assisting with website development and social media content.



Grasp progression is an important part of your child's development.

See this site for a visual of each grasp in the proper

developmental progression and approximate corresponding age:

<https://www.growinghandsonkids.com/pencil-grasp-development-for-writing.html>

## TYPICAL PENCIL GRASP DEVELOPMENT FOR HANDWRITING



## Developmental Tips

## Play at Home

Ms. Lydia loves to have a variety of art supplies at home for development of grasp, fine motor, visual motor integration, and visual perception skills. Fave supplies include paper, pipe cleaners, puff balls, googly eyes, paint, coloring materials. One of her favorite sites for crafting inspiration is: <https://kidsactivitiesblog.com>



Ms. Lydia's favorite places for learning are the Little Rock Zoo and the Museum of Discovery. These both provide great sensory and gross motor experiences.

Here is an interactive activity for the zoo: <https://www.projectplaytherapy.com/going-to-the-zoo-language-activity/>



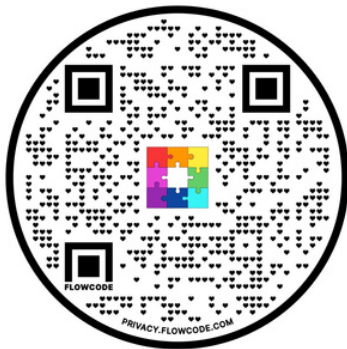
Learn more about our staff here: <https://www.playrxtherapy.com/staff>

For more info on appropriate child development see our developmental milestones checklists: <https://www.playrxtherapy.com/developmental-milestones/checklists>

For information and guidance on resources to support services for your child, contact our Resource Manager: [jwilsonst@playrxtherapy.com](mailto:jwilsonst@playrxtherapy.com)

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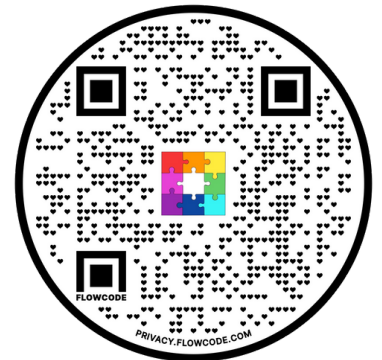
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